



Crystal Light Therapy

A New Concept Spiritual Spa Treatment

“Crystal Light Therapy is the wave of the new millennium”

Spa Management Journal

Are you ready to take your bodywork sessions to a whole other level, embracing Body, Mind & Spirit?

As we seek to balance our lives we've come to realize that it is not only the physical body that needs our attention but also the emotional and spiritual bodies as well.

Crystal Light Therapy (CLT) does just that by combining crystals, guided imagery and sound to focus love light frequencies into the human physical body, allowing people to expand their consciousness and experience their own true divine nature.

Light is the most common vibration in the Universe. Love is the strongest vibration. A crystal is in a perfect state of balance and harmony. By focusing love and light through crystals into a human body, one can simultaneously experience energetic and spiritual awareness and peace.

Crystal Healing

Crystal healing has been around for centuries. Quartz crystals have been found in the tribal grounds of numerous ancient indigenous people. In the Shaman traditions of Native Americans, crystals were used for healing and initiation. In the Bible, the priest Aaron used crystals that were set in his breastplate to communicate with Angels. As early as 1600 B.C., Egyptians used crystal talismans on the body for healing. During the 16th century in Europe, it was discovered that crystals had a subtle effect on the body when worn. The practice of taking gemstone powders internally was also popular in high society.

Mark Vogel, a respected authority on crystals, firmly placed the power of crystals in the scientific domain during the 1980's. Vogel proposed that the key to understanding the ancient knowledge of the crystals was in the connection between the vibrations sent out by the human mind and the perfect inner structure of the crystals. It had been proven that the human mind can indeed interact with crystals to create effects on the body, mind and spirit.



Basic Crystal Light Therapy Set



Crystal Light Therapy CD



The Benefits...

With the myriad offerings for health, healing and wellness being promoted these days, one must ask, what are the benefits of one treatment as compared to another? What is so special about Crystal Light Therapy?

The answer to these questions become apparent upon familiarization with the treatment, either through training and subsequent practice by the practitioner, or through the experience of receiving the treatment as a client.

Crystal Light Therapy is an ongoing treatment composed of three specific elements:

- ☑ The first is purification.
- ☑ The second is a guided imagery meditation.
- ☑ The third is massage.



Basic Crystal Light Therapy Set
Includes 11 specialty cut gemstones

Clients who have received one or more sessions of Crystal Light Therapy have experienced life-changing results. They report renewed energy levels. The ability to handle and cope with stress is notably increased. Long dormant conditions related to non-apparent emotional disorders and insecurities are healed. Most importantly, the "spiritual nature" of the client is brought to the surface of consciousness, becoming more fully realized and lovingly cared for.

Crystal Light Therapy brings the much needed concept of spiritual essence to the table.

Learn how to perform the Crystal Light Therapy treatment that has been hailed "The Wave of the New Millennium!"

**For more info call Colour Energy
at 1-800-225-1226**



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As the lightness of the feather touched my skin, I felt a release of stagnant energy. With each gentle stroke, weight seemed to lift. A tingling came over my body as a fine mist of Aura Cleanser touched my aura field and physical body. The smudging treatment took about 20 minutes and afterwards I felt fully refreshed.

Then the magic of the chakra meditation journey began. As the Crystal Light Therapy® (CLT) practitioner took me through a visualization of opening, purifying, charging and closing each energy centre, I could feel my chakras being empowered with new vitality. As each chakra was addressed, the CLT practitioner anointed that chakra with a high powered alchemy essence while reciting some correlating chakra words. Next, she placed a specialty cut crystal on the chakra and toned into the gemstone.

Her voice was truly angelic as she sang a simple tonation to balance my masculine and feminine (yin/yang) energies. The experience was unique as I had never had a therapist use the power of their voice to imprint a vibration within me.

The third part of the CLT treatment came as a complete surprise. In this therapy the crystal wands are activated to create a piezoelectrical charge. Basically, a soft vibration enters into your body, clearing away blockages. As the treatment climaxed I felt my body shiver with delight, not just once, but over and over again.

To describe such a deeply profound energy treatment is beyond words. I am a well-known expert in colour and the chakra system. For almost 20 years I have been teaching people how to harness the power of Colour Energy® through sunlight, foods, herbs, essential oils, gemstones, exercise, visualizations, words, etc. to revitalize their spiritual, emotional, mental and physical body.

I cannot compare a CLT treatment to any other type of physical or energetic treatment that I have ever had, as it was a completely new experience for me. The crystal point wand massage was "electrifying".



This treatment recharged my energy matrix and brightened and expanded my aura like a brand new lightbulb.

Decades of holistic study and applied practice (including a myriad of training in various energy medicine areas as well as researching over 10,000 people using the revolutionary Biopulsar aura biofeedback diagnostic device) has taught me how varying healing modalities have a profound effect on our organs, moods, thoughts, chakra system and aura – our overall wellness.

Crystal Light Therapy is a complete body, mind and soul rejuvenation system and its effects penetrate on multiple levels. Unlike many other spa treatments, CLT is very ethereal.

As I got off the massage table, I felt my spirit renewed and my vitality stronger. I perceived a deeper connection to my inner-self and to the source of my being.

Prior to the treatment my mind was racing over all the things that I needed to do. My job is very demanding and I oversee several departments in my corporation. However, all the tenseness that I felt earlier was released and a sense of peace and calmness was present.

During each component of the full Crystal Light Therapy treatment, my mind relaxed more, which allowed my body and spirit also to be equally soothed. The heavenly aromatic oils and essences that were used further increased my experience on a sensory level.

My whole being was awakened and renewed. (Now why can't I start everyday feeling this way!) A complete Crystal Light Therapy treatment should be experienced by everyone at least once to help them reach a place called Nirvana that few people can say that they have **experienced in their lifetime.**



Colour Energy
Chakra Light Essences

Colour Energy
Spiritual Sprays



Crystal Light Therapy is offered at Shubui Spa, Auberge Resorts, Post Ranch Inn, Las Ventanas al Paraiso & the Ixchel Spa.

For more information on where you can get a treatment please email to info@crystallighttherapy.com

Susanne Murphy is an international educator, writer and Vice President of Colour Energy in North America. Daily she empowers people on the healing power of colour and now crystals. Susanne can be reached at 1-800-225-1226, ext 511 or by email at colour@colourenergy.com.

Visit www.colourenergy.com or www.crystallighttherapy.com for more information on Colour Energy or Crystal Light Therapy.