Dear Friend,

There are no accidents!

And it’s certainly no accident you arrived at this web site (or are reading this information). Here’s why...

I believe something deeper brought you here... the desire to have more... the desire to do more... the desire to be more than what you’ve been in your life up to now!

The fact that you’re here reading this letter means you inwardly sense the gap between where you are now and where you truly want to be. Of course you want to better yourself and your results in your life. Who doesn’t?

The Question Is How Do You Go About Attracting What You Truly Want?

If you’ve seen the recent hit movie “The Secret”, you’ll know all about “The Law Of Attraction”. To briefly re-cap, basically the idea goes something like this: If you want something, you simply visualize it as if it were already in your life here and now. You see what you would see, and just as important, you feel the emotion you would feel as if it were already here. Doing this creates an “energetic match” with what you desire and so the “Law Of Attraction” responds by bringing it to you. So that’s the basic idea...

Now let me make one thing clear...

Nobody here is calling the “Law Of Attraction” or ANY of the spiritual laws into question. They work. No doubt about it. It’s just that the way it was presented in the movie often leads people to get frustrated with the process.

I hear that from folks all the time. Loads of people have said as much on our blog – “I’m missing something!” and “I know there’s more to it!”

What about YOU? Has “The Secret” worked for you?

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I remember when I was younger I fell into this trap all too often! The way “the law of attraction” was presented in “the Secret” movie placed too much emphasis on outward results. When we focus on outward results, the irony is that we actually become less effective in getting those things.

The worse part is that when we over-focus on outward results, we don’t just become less effective, we actually lose ourselves in the process. So what’s the answer?

OK, now I’m going to explain the real key to making the secret work for you...

The one word they never mentioned once in The Secret?

Practice. (In colour therapy red is the colour that pushes you to practice, and tends to be most people’s weakest chakra.)

Practice is critical. It’s critical for creating all the changes you want to see in your life. And
it’s critical for a life of health, happiness and deep fulfillment. And so I decided to put together a step-by-step program that shows you how to apply The Power Of Practice so you can be happy.... AND attract all the amazing outward results you want.

Introducing “The Power Of Practice Program” – A Practical Guide To Health, Happiness & The Life You Are Meant To Live!

The Power Of Practice Program shows you how to manifest your heart’s desire from the inside out. It teaches you how to stop obsessing about the THINGS you want and instead begin to develop your awareness of who you are and what you’re really here to do!

Let me explain...

Right now, there is a high vibration energy that flows through your central channel – that is, the channel that runs vertically through the center of your torso. In The Power Of Practice Program you learn how to connect to that energy and how to live your day-to-day life from the sheer joy of that awareness.

This is called “Core Energetic Awareness”. Why is it important?

When you’re connected to your “core energy”, you begin to KNOW what’s highest and best for you to do here and now. This eliminates doubt and confusion and strengthens your sense of purpose.

This makes you super effective in anything you choose to do and attract because it’s coming from the core of who you really are. But that’s only the first step. Next you will discover...

The Secret “Master Tool” For Manifesting Your Heart’s Desire!

Once you’ve connected to yourself ... once you’re knowing yourself and knowing what’s highest and best for you.... The next step is to LIVE it.

This does NOT mean going about your daily life pretending that your dreams have already happened. No, that’s just living in fantasyland.

You have to live it by taking appropriate action.

We’re also NOT talking about “inspired action”!

Of course you do want to be inspired by your core energy. It’s just that, to many people, what “inspired action” really means is doing practically NOTHING (but just enough to convince yourself you’re serious when in fact you’re still holding back).

What we’re talking about here is NOT action in any of those senses. So what kind of action are we talking about? The answer is practice. So let’s talk about how and why your personal practice is critical to your happiness, fulfillment and success with the law of attraction...

The Secret “Master Tool” They Never Mention Once In “The Secret”.

Look at those who have produced exceptional results in any field – Oprah Winfrey, Donald Trump ... Buddha. You name it, their success was built on a daily practice that allowed them to be their Highest Selves and LIVE their heart’s desire in the world.

Daily practice is a way to organize your life so that you actualize what’s highest and best for you on a consistent basis.

If it’s your dream to be a world-class tennis player, you’ll want to create a daily practice of tennis skills to be that. If it’s your dream to make money by running a certain kind of successful business, you’ll want to create a daily practice to do and be that!

To read more, visit: www.unoldmanifestingsecrets.com

So let’s recap: Take time at the beginning and end of each day to feel good now. Put out the anticipation of feeling a little bit better tomorrow than what you did today. To be a little more successful tomorrow than what you were today and to have a little more joy so that everyday progressively gets better and better.

Many of the reasons that people can’t manifest what they want are because they simply don’t believe that they will actually accomplish it. In order for you to attract what you desire your emotions must match the vibration of your desires. If you desire to lose weight but feel frustrated and overwhelmed thinking about it, then the emotions that you are putting out are of frustration, which will only bring you more frustration.

Starting today, practice feeling a little better each day. “Tomorrow I will make better choices than what I made today. Tomorrow I will be a little more motivated than what I was today.” This reduces feelings of being overwhelmed and starts to put your thoughts into place about making better choices. You also create a belief for yourself that says: “I can do this!” “I can pay off my debts, I can loose the weight, I can feel emotionally more secure”, etc. Whatever your negative inner chatter is, turn it around and tip the scales by practicing saying and believing that what you want is starting to show up in your life now!

The feeling you are going for is like a child anticipating a birthday gift. It is only for you and you are excited that it is coming. You have no reason to doubt it, after all it is your day. So on this day, anticipate that your greatest desires are on their way – and don’t doubt it for a second! Don’t put a time limitation on it as the universe will line you up with what you want as soon as your vibration matches it. When the vibration matches, it will be yours. So for now, stay the course and keep on practicing!

From Everyone at Colour Energy and Ashbury’s Aromatherapy