Over the last few months, I have had the pleasure of access to the Aurastar system (precursor to the Biopulsar) and a trainer for four days at my clinical practice. I am a Traditional Chinese Medicine practitioner, and as such treat a wide variety of people and conditions. I am always interested in new modalities that can enhance results and offer people more information and help with their healing. Biopulsar® has interested me for some time, after I had a scan myself which accurately indicated my known areas of low energy. It is also a painstakingly developed system. When asked to participate in an Biopulsar® clinical research project I was happy to do so. I had a total of 12 of my patients agree to be a part of the project, in which we performed an Biopulsar® scan before and after treatment with an interpretation of the results to both patient and myself by an experienced trainer.

Everyone that participated was most impressed with the Biopulsar® information and interpretation. It was very accurate in terms of areas of imbalance – this always correlated with what the patient and I had been working on. The interpretation of the colour energy field was also most impressive and gave patients great feedback on emotional issues and general direction in life.

In several cases, the interpretation regarding spiritual and emotional issues opened up further conversation between the patient and myself, and reinforced our need to address these issues to assist the healing process.

Biopulsar® was also most helpful in that it confirmed the efficacy of treatment. I took the opportunity to use some new techniques with feedback from usual methods (patient feedback and pulses) as well as from Biopulsar®. The post treatment readings usually indicated that the treatment had effectively helped to balance the body, and if it had not done so was helpful in us understanding why. On two occasions Biopulsar® showed that the patients (both of whom have been dealing with abuse issues) were showing protective patterns after treatment, but that a day later this was not showing and the treatment had had good effect. Again, this allowed discussion as to how to minimize the “intrusive” nature of acupuncture for these patients.

From a TCM practitioner perspective, Biopulsar® helped with diagnosis of people who had complicated pathologies in that it showed main areas of imbalance to focus on first, and helped confirm efficacy. For chronic patients with steady but slow improvement with the acupuncture and herbs it was very exciting for them to see in a visual way the change that occurred post–treatment. Also, in one case of a patient with a fear of needles, using auricular microcurrent stimulation, it was a form of feedback that helped both the patient and I to see that treatment had created a positive change; it gave me helpful feedback about staying in balance myself while treating others; it opened up new areas of communication between patients and myself.

With another patient who is a ballet dancer, it was amazing to see via the aura readings on screen the speed with which she composed her thoughts and concentration. This is something she has trained herself to do for performance. We had been working on her legs a lot, and this time we used acupuncture and also tuning forks on the points. The aura pattern showed very clearly how much more vital her lower legs and feet were post treatment and she found much more strength and balance in her legs with subsequent performance.

With two of the participants, we did a same-day pre– and post–treatment scan, and also a 24-hour post-scan. In the interim, both had attended (and in one case led) a native sweat ceremony. The Biopulsar® changes on this second day were profound, and exciting for us all to see. In one case, this patient has been going through considerable post-accident trauma, and it was inspiring for her to see how much change was created and healing power unleashed by doing the sweat. This, I feel, was an important piece of information for her, because she really needed to know how much these spiritual activities help in the healing process.

In one case, a patient had two scans initially, and a repeat three months later, during which time she had been through much emotional change and had made several decisions about the path she wishes her life to take. In the second series, her Biopulsar® scan indicated much more balance after acupuncture therapy. We had had many discussions on how her body pain related to emotional pain, so it was very good for us to see via the scan how she had opened up to treatment, which explained why acupuncture was relieving the pain more effectively.

One of the most useful aspects of doing the Biopulsar® research was seeing how fascinated everyone was with the visuals, and how amazed they were with the accuracy of interpretation. It opened up new avenues of discussion for us in several cases around lifestyle and spiritual issues, and how these influence healing.

I also found Biopulsar® very helpful as a tool for understanding how to retain my own balance and strength after treating ten or fifteen people in one day. On one occasion where I did an early morning and end of day scan on myself, I realized that the small heeled boots I had been wearing (higher than usual for me) had caused the energy in my low back and legs to drop considerably. This fact registered even more clearly in my physical body after seeing my poor grey legs on screen! I also did a scan just after using tuning forks on several people, and was concerned to see very erratic readings on all my organ patterns, and relieved to see them reverting to normal within a very short time. It is good to know that Biopulsar® shows that I am not hurting myself with using this method and this has been supported by my experience with the tuning forks thus far.

The Biopulsar® was a great addition to my practice for several reasons: it confirmed what I was feeling with the pulses; it was a form of feedback that helped both the patient and I to see that treatment had created a positive change; it gave me helpful feedback about staying in balance myself while treating others; it opened up new areas of communication between patients and myself.